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The Long Island Association for AIDS Care recognizes National Minority Health Month.

April is National Minority Health Month. The Office of Minority Health leads the fight to raise awareness on the health disparities that continue to affect racial and ethnic minorities. The theme for 2017 is "Bridging Health Equity Across Communities," which aims to raise awareness about efforts across health, education, justice, housing, transportation and employment sectors to address the factors known as the social determinants of health – environmental, social and economic conditions that impact health.

According to Suffolk County's 2014-2017 Community Health Assessment, in 2011, heart disease, cancer, and stroke comprised three of the top six leading causes of death in Suffolk County. The Office of Minority Health found that, nationally, African American adults have a 40% higher risk to have high blood pressure, and in 2010, African American adults were 30% more likely to die from heart disease than non-Hispanic whites.

In recognition of National Minority Health Month 2017, the Long Island Association for AIDS Care will be implementing a social media campaign on Facebook which will provide tips for health, health care resources, and facts about current rates of illnesses in ethnic and racial minorities. This social media campaign aims to help raise awareness for the inequity that ethnic and racial minorities face in health care while simultaneously providing resources for those in need. Join the conversation about minority health on our Facebook page at https://www.facebook.com/LIAAC.inc.

For more information, call our toll free hotline at 1-877-236-3448.

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