



For Immediate Release: June 8, 2018

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The Long Island Association for AIDS Care (LIAAC) recognizes National Caribbean American HIV/AIDS Awareness Day.

June 8, 2018 is National Caribbean American HIV/AIDS Day. It is a day dedicated to spreading awareness of the impact of HIV and AIDS on the Caribbean American population. New York is home to many Caribbean Americans, hailing from countries such as Jamaica, Haiti, Bahamas, and Trinidad and Tobago.

The CDC recognizes that African Americans are at a higher risk of contracting HIV than any other ethnic group. Since a large group of Caribbean people claim African ancestry, this disparity deeply affects these communities. The Caribbean has the second highest HIV prevalence in the world, after Sub-Saharan Africa.

To protect yourself from contracting HIV, follow these steps outlined by the Centers for Disease Control and Prevention:

- Use a condom during all sexual encounters
- Do not share needles or other works used to inject drugs
- Limit your number of sexual partners
- Get tested regularly
- Use pre-exposure prophylaxis (PrEP) and post-exposure prophylaxis (PEP) if you are at risk for contracting HIV

To get involved with our efforts, visit our Facebook page at <https://www.facebook.com/LIAAC.inc> and follow us on Twitter at @LIAAC_inc.

For more information, call our toll free hotline at 1-866-236-3448.

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